

Courchevel 2013

BASI / skivo2

Gap Ski Instructor Course



Thank you for enquiring about the BASI / skivo2 Gap Ski Instructor Course.

We are the only company (as far as our research shows) who provides a complete package offering. Not only do we provide the standard Gap Course package (ski tuition, shadowing, exams etc) but we also offer:

- our own catered accommodation where all the students live together with catered meals provided
- a comprehensive fitness programme
- a full student social programme
- a Student Mentor with 24 hour access living in close proximity to our students
- support and advice as required by the skivo2 management team

Your welfare and course enjoyment is a priority and our Programme Manager and Student Mentor, Blake, lives in Le Praz and is on call 24 hours a day.

In this pack we hope you will find the information you require about what could be one of the most memorable experiences of your life. Of course, if you do have any burning questions, then don't hesitate to contact us as we would be pleased to help and to chat in detail with you.

Contact us:

Email: blake@skivo2.co.uk or phone: +44 (0)1635 37774



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The Team

We employ fully qualified BASI Ski Instructors, who are some of the best of British coaches, to work with us and our students for the duration of the 10 week course.

Managing and running the programme are Blake Williams (who was one of our previous successful GAP Course students) and Dave Beattie, MD of skivo2 and Skivolution.

Blake Williams, Programme Manager & Student Mentor



Currently working in Courchevel has taught in Italy, Austria and France. Started the skivo2 Kids Academy programme and Swys clothing brand with Dave Beattie and now is the Programme Manager of the skivo2 Gap Course. If there is anyone that could advise or help you it's Blake - he's worked his way through the ski instructor system from the same start point as you.

Dave Beattie, MD & Course Director



MD and owner of skivo2 and Skivolution. BASI Level 4 and previous BASI Trainer. Has taught in Austria and France (for over 20 years). Started Skivolution in 1987 and has worked in the ski business ever since. Originator and developer of the skivo2 Gap Course. Based in Courchevel during the season and Director of the course.

BASI Qualifications

BASI is The British Association of Snowsport Instructors and is the governing body responsible for the training and grading of British ski and snowboard instructors. A BASI qualification allows you to teach anywhere in the world, including Europe, New Zealand and the Americas.

A BASI qualification meets international standards and is recognised worldwide. The British qualification s as well respected as the Austrian, Italian and French ones.

To work in France you would require the “Test Technique” which is a slalom time trial. This allows a Level 2 ski instructor to work in France but isn't permanent. You can work as a “Stagiere” for 3 years. To work permanently in France you will need to become fully qualified within this time period, although you can re-sit the “Test Technique” when the 3 year period expires. With a Level 2 qualification you can also work in Austria and Italy (time limit stipulations apply here).

Qualifying with BASI can save complications when applying for what they call "Equivalence" which is required to work as a top level instructor in European Countries. "Equivalence" is the process where the foreign country will grant you their top qualification if you reach BASI Level 4.



Courchevel Tourisme/Jerome Kelagopian

Why Choose skivo2?

The Most Complete Package on the Market – So We Believe

With our offering of 100+ hours of expert ski coaching, our own catered accommodation where all the students live together with meals provided, a comprehensive fitness programme, a full student social programme and our Programme Manager/Student Mentor on call 24 hours a day we are passionate in our belief that our product is very hard to match.

Proven Track Record

We have run 3 Ski Instructor Gap Courses in recent years and the results of these speak for themselves. With a successful pass rate of 100% at Level 1 and a 90% pass rate at Level 2 this course could be the first step towards achieving your dream of becoming a ski instructor. We offer **100+ hours of ski coaching** as opposed to the normal 70 hours offered by many other Gap courses providers.

Exceptional Dedicated Trainers and Ski Instructors

skivo2 has been developing British skiers since 1987 and we really do deliver proven results at all levels – whether a budding BASI Level 1 or a skier requiring Test Technique training. The BASI Ski Instructors and Trainers we employ all live and work in the industry and are passionate about their craft. You will have the opportunity to shadow BASI Trainers at work along with many of our other ski classes.

The Largest Ski Area in the World

Courchevel (where our course takes place) is a huge ski area in itself and is part of Les Trois Vallées ski area - the largest ski area in the world. The ski terrain varies from well groomed pistes which are ideal for perfecting your teaching technique through to bumps fields, couloirs and exciting off piste runs on which to challenge yourself.

Extended Skiing

Your full area Trois Vallées season lift pass is valid from December – April so if you wish to stay in resort after the end of the course please feel free to make alternative accommodation arrangements and make the most of your ski pass.



What We Offer You

We are confident that we provide a superior product on a whole host of counts, namely:

- The best and most well reputed and recognised gap course qualification (BASI Level 1 and 2).
- Training conducted only with ISTD fully qualified British Instructors – no regular ski school ski instructors, only specialists.
- A continuous programme with the same trainer every week with access to shadowing other fully qualified British Ski Instructors and BASI Trainers (the most prestigious of all ski instructor qualifications).
- More training time than other programmes, again, only with fully qualified British Instructors.
- All BASI membership fees and manuals, BASI Ski Instructor course and exams fees, first aid course and avalanche awareness course fees included.
- Full area Trois Vallées season lift pass.
- Undoubtedly the best food and accommodation package with lounge area, TV and DVD player.
- A full fitness programme to help accelerate ski fitness levels which other providers don't offer.
- The biggest ski area in the world.
- Full access to a professional ski servicing workshop and equipment.
- No hidden extra costs.
- Great deals on Salomon skis and Swyss clothing.
- Free exclusive high quality training jacket, hoody and t-shirt to wear with pride.

We can offer this because we are not a commercial ski school that is running a gap course and we are not reliant on ski school instructors being free at certain hours of the day and certain weeks of the year.

We are specialists in performance skiing and with us you have the greatest chance of passing!

100+ hours of ski coaching

skivo2 Gap Course Success Stories – What Are They Doing Now?

Blake

Now working in Courchevel after having become qualified through the British system. Has taught in Italy, Austria and France. Started the skivo2 Kids Academy programme and Swyss clothing brand with Dave Beattie and now is the Programme Manager and Student Mentor of the skivo2 10 Week Gap Course Programme. If there is anyone that could advise or help you it's Blake - he's worked his way through the ski instructor system from the same start point as you.

Larry

Having only completed 4 weeks of skiing before the course Larry was the greatest improver we've ever had on one of our courses. He worked in Courmayeur, Italy straight after completing his Level 2 and then went on to work in Park City, Utah in America the following season. Larry now spends his winters teaching in Saas Fee, Switzerland. He is working towards his Eurotest (Giant Slalom speed test which is a module in BASI Level 4) and is soon to be finished within the British qualification system.

Adam

After holidaying with skivo2 for years Adam took the step to work towards the instructor qualifications. With a solid base to work from he was able to pass the Level 2 exam. He then went to work in Pila, Italy, then like Larry headed to Park City, Utah. This season Adam is an instructor in Verbier, Switzerland.

Cat

After leaving university Cat embarked on a career as a ski instructor. This started with the skivo2 Gap course. Cat trained for and passed the Level 1 and 2 and then continued her training by completing the ISIA qualification. She passed the tough technique based module of the International instructor qualifications first time of asking and is now working in Verbier as a ski instructor.

The Course

The BASI / skivo2 Gap Ski Instructor Course is a proven way to achieve a British Ski Instructor qualification in just 10 weeks. We want the course to be fun but it's also important that you are focused on succeeding and willing to work hard to achieve this.

The qualification is part of the BASI Ski Instructor syllabus. You will complete a 5 day BASI Level 1 Ski Instructor Course (week 2 of the program) and a 10 day BASI Level 2 Ski Instructor Course (week 8 and 9).

The BASI Level 2 qualification (formally BASI 3) will enable you to work in most ski schools in Europe. At the end of the 10 week course those who have successfully passed Level 1 and Level 2 will have the opportunity to sign up for a further one week course which will help prepare you for the levels expected of an ISIA (Level 3) candidate.

Le Praz (otherwise known as Courchevel 1300) where the course is based from, is the most picturesque of Courchevel's various areas and has got its own community atmosphere and authentic village vibe. Should you wish a night out, Le Praz has a good après-ski and night life a few days a week, and of course, for those desperate party seekers there is a free regular bus service that operates throughout the winter season, taking you to any of the other Courchevel areas where there may be après -ski or themed nights.



Courchevel Tourisme x 3 photos

Pre-requisites for the skivo2 Programme?

We are looking for our candidates to be able to do the following prior to our course:

- Be able to ski parallel confidently, coping with a variety of snow conditions
- Ski confidently parallel on black runs, being able to make rhythmical turns close to the fall line at a steady pace
- Be confident to ski in control in off piste conditions

The free skiing level you have to reach is 'solid but not sparkling'. The BASI Instructor qualification demands a solid, accurate and high level of skiing on the piste and an excellent demonstrative ability.

Your competences in other areas of skiing such as bumps, off piste and steep terrain will be tested but without quite as much stringency.

We prefer our students to have a solid level of fitness entering the course and as part of the course we do have a programme to help improve fitness which ultimately will help improve ski ability.



10 Week Gap Course Programme

Week 1:

Personal Performance Focus

Arrive in resort, welcomed by your chalet staff – there is a real focus on this week to help students settle in and get used to life in the Alps. Our Student Mentor, Blake, is on call 24/7 and students have access to and the support of the skivo2 management team throughout the season.

Welcome drinks reception and meet your instructor for the course.

Introduction to ski instruction, BASI personal development and skier analysis course - 5 days.

Injury Prevention Clinic.

Introduction to ski servicing, location of the ski room and familiarity with equipment.

Fitness training.

Week 2:

BASI Alpine Level 1 Course preparation (all course materials provided)

Direct performance improvement plans.

Level 1 exam preparation – 5 days.

Fitness training.

Week 3

BASI Alpine Level 1 Course Assessment

Week 4 to 8

Piste/race performance based coaching / Courchevel Stade de Slalom – slalom/giant slalom training.

Avalanche Awareness Course.

Ongoing fitness training programme.

Ski school experience/shadowing with skivo2 BASI Trainers – ongoing over the period of 100 hours plus.

Personal performance with skivo2 BASI Trainers and Ski Instructors – ongoing over the period.

Social trips.

1 day mid course assessment with a BASI Trainer / Examiner.

First aid course.

Weeks 9 to 10

BASI Alpine Level 2 Course

2 weeks of continual training and assessment.

On successful completion of the Level 2 Course our students will achieve the BASI Ski Instructor Award.

End of course party and awards ceremony

Week 11 (additional element not included in 10 week course price)

ISIA Course – The Next Step



The Course Calendar

We have put our programme into timetable format. As you can see it's packed with ski coaching, free ski time, ski racing, social activities, fitness, first aid, ski servicing tutorials, ski exams and many other things. Coaching will normally take place from 11.30am – 4.00pm every day (apart from Wednesday and Saturdays). You will have the chance to shadow classes from 9.00 – 11.00am from Sunday – Friday (excluding Wednesdays). Have a look at the next 2 pages to see what you will be up to

Jan/Feb 2012 – skivo2 Gap Course						
Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
5 Jan	6	7	8	9	10	11
Arrive in resort, welcomed by your chalet staff. Welcome drinks reception and meet your instructor for the course.	Introduction to ski instruction, BASI, personal development and skier analysis: 11.30am – 4.00pm daily	Injury Prevention Clinic: 6.00pm (Ali Watson)	Introduction to ski servicing, location of the ski room and familiarity with equipment: 6.00 – 7.00pm	Free ski day	Fitness: 6.00 – 7.00pm	
12	13	14	15	16	17	18
Day off	Direct performance improvement and Level 1 exam preparation: 11.30am – 4.00pm daily	Fitness: 6.00 – 7.00pm		Free ski day	Fitness: 6.00 – 7.00pm	
19	20	21	22	23	24	25
Day off	Pre-course meeting (Alpine Level 1): 6.00pm	Alpine Level 1 Exam				
26	27	28	29	30	31	1
Day off	Piste/race performance based coaching: 11.30am – 1.30pm	Courchevel Stade de Slalom – slalom/giant slalom training: 2.00 – 4.00pm	Fitness: 6.00 – 7.00pm		Fitness: 6.00 – 7.00pm	Avalanche Awareness Course



Feb/Mar 2012 – skivo2 Gap Course

Saturday	Sunday	Monday	Tuesday	Wednesday	Thursday	Friday
2 Feb	3	4	5	6	7	8
Day off	Ski school experience: 9.00 – 11.00am / Personal performance: 11.30am – 1.30pm	Fitness: 6.00 – 7.00pm	Social trip to Val Thorens after Personal performance – Folie Douce with an organised taxi home	Free ski day	Fitness: 6.00 – 7.00pm	
9	10	11	12	13	14	15
1 day mid course assessment with a BASI Trainer / Examiner	Ski school experience: 9.00 – 1.00pm / Personal performance: 2.00 – 4.00pm	Fitness: 6.00 – 7.00pm	Savoyard night – experience local food and drink: team meal	Free ski day	Fitness: 6.00 – 7.00pm	
16	17	18	19	20	21	22
Day off	Ski school experience: 9.00 – 11.00am / Personal performance: 11.30am – 4.00pm	Fitness: 6.00 – 7.00pm		Free ski day	Fitness: 6.00 – 7.00pm	
23	24	25	26	27	28	1
First Aid Course: 9.00am – 5.00pm	Ski school experience: 9.00 – 11.00am / Personal performance: 11.30am – 4.00pm	Fitness: 6.00 – 7.00pm		Free ski day	Fitness: 6.00 – 7.00pm	
2	3	4	5	6	7	8
Ski school experience: 9.00 – 11.00am / Personal performance: 11.30am – 4.00pm	Day off	Alpine Level 2 Exam				
9	10	11	12	13	14	15
Day off	Day off	Alpine Level 2 Exam				
16	17	18	19	20	22	22
Goodbyes – off to work in your chosen resort, fly home or relocate in Courchevel		ISIA Course – The Next Step				



Accommodation and Food

Our aim is to create a real feeling of community and support amongst our Gap course students which is why we provide fully catered accommodation where all our students live together. You will be living in a luxury apartment based in Le Praz, Courchevel 1300 which is staffed by a Chef who is there to look after you for the duration of the course.

You will be provided with:

- TV, DVD and a lounge in which to relax after a full day on the slopes.
- Breakfast 7 days a week – bread, jams, porridge, choice of cereals, cooked/boiled eggs and juices, tea, coffee.
- Afternoon tea 6 days a week – cake, bread, jams, juice, tea, coffee.
- Dinner 6 nights a week – a 2 course meal of high quality food from our chef.
- Lectures and video analysis will take place in the comfort of your apartment.

Chalet Staff Day Off

Your Chef will have one day off each week. Breakfast will be left laid out for you and either your chef or ski Trainer will be able to advise on local restaurants for dinner.

- Option of packed lunches (small supplement)
- Local night life within 2 minutes walk of the apartment
- One minute walk to the bubble which takes you straight into the main ski area



Travel

Flights are not included in the course price but we will transport you from any of the airports listed below or from Moutiers train station. The transfer is included in the price or you have the option of making your own way to resort.

Airports

Courchevel is close to a number of easily accessible airports – Geneva, Chambery, Lyon and Grenoble. All of these airports are within 3 hours of Courchevel and are serviced by budget airlines such as Ryan Air, EasyJet, BMI Baby and Jet2.com.

Train

There are also Eurostar train options which will bring you from London St Pancras to Moutiers which is only a 20 minute transfer from Le Praz. Baggage on trains is traditionally unrestricted so if you are bringing your wardrobe the train may be your preferred option.

Transfer Times



Insurance

It is compulsory to have your own insurance when attending a BASI course and we strongly recommend that you take out full travel and accident insurance. We can recommend various policies should you wish. Please make sure that the wording of the policy covers all possible eventualities that may arise from the departure from home until your return.

We will check that you are fully insured before commencing the course.

Salomon Skis and Boots

Salomon is our ski equipment supplier of choice and all our students will be able to purchase Salomon skis and boots at heavily discounted prices. Once you have registered for the course then please let us know if you would like to purchase anything and we will be able to organise this for you.



EQUIPE 3V RACE + Z14 LAB



"AS PART OF THE SALOMON TEAM I KNOW I'M SKIING ON THE BEST RACING PRODUCTS, CREATED BY THOSE DEDICATED TO MY SPORT. SALOMON CONTINUALLY TAKE INSPIRATION FROM THEIR ATHLETES SO THAT OUR SKIS AND BOOTS ARE TUNED TO WIN!"

**- LOUISE THOMAS - SALOMON G.B RACE TEAM
BRITISH SUPER COMBINED CHAMPION 2008**

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Optional Extras – During Your Course

- **Delivered packed lunch (6 euros per day)** - You can have a packed lunch delivered to you on the piste so there is no need to lug it around. Included is a big sandwich, packet of crisps, chocolate bar, drink, chocolate bar and fruit. This can be organised in resort so you can just order for the days you want one.
- **Snowboarding/telemarking - 3 Wednesday afternoons (£150)** – Ever fancied getting to grips with snowboarding? Lessons can be organised with Britain's top snowboard/telemark trainers if you feel you want to try it on your days off (subject to booking and availability).
- **2 hour additional private lessons (£120)** – If you feel you want specific input on your skiing, feel free to ask for an additional private lesson from any of our team of professionals.
- **Massages (prices TBC for 2012)** – skivo2 have their own Professional Massage Therapist who can be booked in resort.



Optional Extras – After Your Course

ISIA Preparation Course – 1 Week - £300 (after the Gap course)

After your Level 2 exam it is possible to continue for another week, allowing you to harness all the information you've got from your exams and your skivo2 tuition. Here we will stretch your skiing and introduce you to the levels expected for an ISIA candidate. (ISIA is otherwise known as Level 3).

This week includes:

- Introduction to mountain safety module, here we will go on one ski expedition (ski tour) where you venture into the back-country, stay overnight in a mountain hut and ski where the lifts don't take you. We will provide all equipment if you don't have it (it is very pricey after all).
- Introduction to more variable terrain. We will run a 1 day specialist moguls and off piste clinic, looking at tactics and techniques of skiing bigger, harder moguls and steeper deeper of piste, both of which are required for ISIA.
- Ski performance on steeper terrain. We will develop carving and skiing on more difficult terrain, required for ISIA standard.
- Introduction to race coaching and course setting on a race piste. Here we hire a race piste and we develop our course setting skills and analytical skills of a race performance.
- We will end the week with a written review and action plan for ISIA for each individual student, outlining areas that need improvement.
- Assistance in finding work for the rest of the season. We have contacts all over the world and we will do everything in our power to help you find an instructing job for the rest of the season or one for the southern hemisphere season if Australia, New Zealand or South America takes your fancy.

Course Dates

Saturday 5 January 2013 – Saturday 16 March 2013

Location

Le Praz (Courchevel 1300), Les Trois Vallées, France.



Cost - £7,350

Included in the price:

- Luxury catered apartment with TV and DVD
- Trois Vallées season lift pass (skiing in Les Trois Vallées - the largest ski area in the world)
- Breakfast every day, afternoon tea and dinner 6 days per week
- Airport / station transfers (if required)
- Ski training with fully qualified British instructors (100+ hours)
- Ski school experience and shadowing plus log book
- Video analysis and assessment
- BASI Associate Membership
- BASI Alpine Level 1 (5 days)
- BASI Alpine Level 2 (10 days)
- BASI Alpine and Generic Manual
- All other course materials
- Child protection module
- Avalanche Awareness Course
- Race training and race piste hire costs
- Full fitness programme for the 10 weeks of the course
- First Aid course
- Equipment tuning clinic and access to professional workshop
- Seasonnaires discounts
- Full time mentor to answer any questions
- UK support team
- Injury prevention talk
- Evening lectures
- Mock exam with BASI trainer
- Careers advice and assistance
- skivo2 training jacket for skiing, Swyss hoody and t-shirt for fitness training
- Resort management team support as required

Not included in the price:

- Flights
- Insurance
- Ski equipment
- Spending money

How To Book

To reserve a place on the BASI / skivo2 Gap Ski Instructor Course please complete an online booking form which can be found at:

http://www.skivo2.co.uk/gap_course_booking_form.html

An initial non refundable, non transferrable deposit of £1,000 is required at the time of booking to reserve your place on the course.

Further instalments will be due by:

1 August 2012: £3,000

1 November 2012: Full remaining balance due or full payment if booked after 1 November 2011 (a staggered payment plan may be agreed if required – please contact Blake to discuss this).

For more info please contact:

Email: blake@skivo2.co.uk

Phone: +44 (0)1635 37774



Term and Conditions

skivo2 has taken great care with all the arrangements that concern your Gap Ski Instructor Course and the contents of this booklet. We ask you to read the following conditions carefully before returning the completed Booking Form. If you have any queries regarding any of the following points please do not hesitate to contact us.

1. The applicant must have had a full discussion regarding course pre-requisites with our Programme Manager and must be willing to attend a ski assessment course at a nominated Sno'Zone if requested to ensure suitability.
2. The application will only progress and a place reserved if:
 - a. a minimum non refundable, non transferrable deposit of £1,000 has been received.
 - b. the booking form is signed and returned. Completion of the online booking form is also acceptable as you automatically accept our Terms and Conditions in completing and submitting this form via our website.
 - c. the applicant is under 18 then a parental consent form is signed by a parent/guardian. Please request a copy of this from the UK office.
3. Payment instalments and final payment are received as per the payment schedule detailed under "How To Book".
4. Any changes to bookings must be received by email and agreed by skivo2 by return email.
5. All students must be insured for their Gap Ski Instructor Course, including off piste skiing.
6. Personal belongings: skivo2 accepts no liability for loss, delay in transit or damage to personal belongings. Where third parties are involved, providing transport or any other services, reference must be made to their respective terms and conditions, which apply to their obligations and liabilities. skivo2 cannot under any circumstances be responsible for acts of omissions of any third party.
7. Damage: Any damage to the accommodation or any property by the applicant, whether accidental or deliberate, are not the responsibility of skivo2. Any such damages must be paid for in full immediately in the resort by the applicant.
8. Cancellation by skivo2: In the unlikely event we have to cancel your Gap Ski Instructor Course, all monies will be refunded.
9. skivo2 recommends that applicants have suitable insurance to cover cancellation of the course.
10. Cancellation by applicant: In the event you choose to cancel your place on the Gap Ski Instructor Course then no monies will be refunded or transferred to any other course.
11. Leaving course before course end due to injury: skivo2 will make no refund in the event that an applicant sustains an injury whilst participating in the Gap Ski Instructor Course, where injury leads to having to leave the course. Any claim would require to be made via the applicant's own insurance policy and no monies would be refunded by skivo2 for any unused part of the course training/accommodation.
12. The Gap Ski Instructor Course requires a minimum of 5 students to run.
13. The Gap Ski Instructor Course content is subject to change.
14. All students will be provided with a Course Jacket which they will be required to ensure is clean and presentable and wear when taking part in ski school shadowing.
15. If the venue of the Gap Ski Instructor Course is adversely affected by snow, weather or any other circumstances, skivo2 reserves the right to cancel the course or alter the venue without prior notice or warning.
16. skivo2 reserve the right to refuse training to any applicant who, in the opinion of the skivo2 is unsuitable for Ski Instructor training.
17. Any student found under the influence of alcohol or drugs during course contact time will be removed from the Gap Ski Instructor Course with no refund.
18. skivo2 shall not be liable for any loss or damage arising whether in respect of death, bodily injury, and illness suffered or contracted, loss, costs, damages or expenses incurred whilst completing the Gap Ski Instructor Course. Exemptions would be for death or personal injury arising through the negligence of skivo2.
19. As an applicant for the Gap Ski Instructor Course, whether applying by telephone, fax, email or letter you agree to abide by these conditions.